



CHRIST CHURCH CATHEDRAL  
CONNECTICUT'S CATHEDRAL

Christ Church Cathedral  
Hartford, Connecticut  
The Eighth Sunday After Pentecost  
July 14, 2024

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*We acknowledge the Tunxis, Sicaog, Wangunks and Poquonook people, the traditional custodians on the land on which Christ Church Cathedral is located. We pay respect to their elders, past and present. We respect their people and traditions as a continued call to live out the ministry of reconciliation to which we are called.*

*Welcome to our community! Wherever life is taking you, know that we are honored by your presence and invite you to experience God's life-giving grace with us at Christ Church Cathedral. As a community of faith we celebrate God's graciousness by proclaiming in word and deed that God's love is abundant and unconditional. At the Lord's Table, all baptized are welcome to receive Communion. Please turn off your cell phones once the prelude begins. Should you like to speak with a priest following the service, please contact an usher.*

*Hymns are in The Hymnal 1982 and Lift Every Voice and Sing II (LEVAS).*

*At the 8 a.m. service, hymns and the first reading are omitted.*

*The Gloria is recited at the 8 a.m. service. It can be found on page 356 of the Book of Common Prayer*

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### The Liturgy of the Word

Prelude ~ Deep River

*arr. James H. Rogers*

Processional Hymn ~ 1982 Hymnal # 436 Lift up your heads, ye mighty gates (vv. 1,2,3,5) *Truro*

### Opening Acclamation

*Celebrant* Blessed be God: most holy, glorious, and undivided Trinity.

*People* And blessed be God's reign, now and forever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria ~ 1982 Hymnal # S280

*Robert Powell*

### The Collect

*Celebrant* God be with you.

*People* And also with you.

*Celebrant* Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated for the reading of Holy Scripture.*

## A Reading From ~ 2 Samuel 6:1-5, 12b-19

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

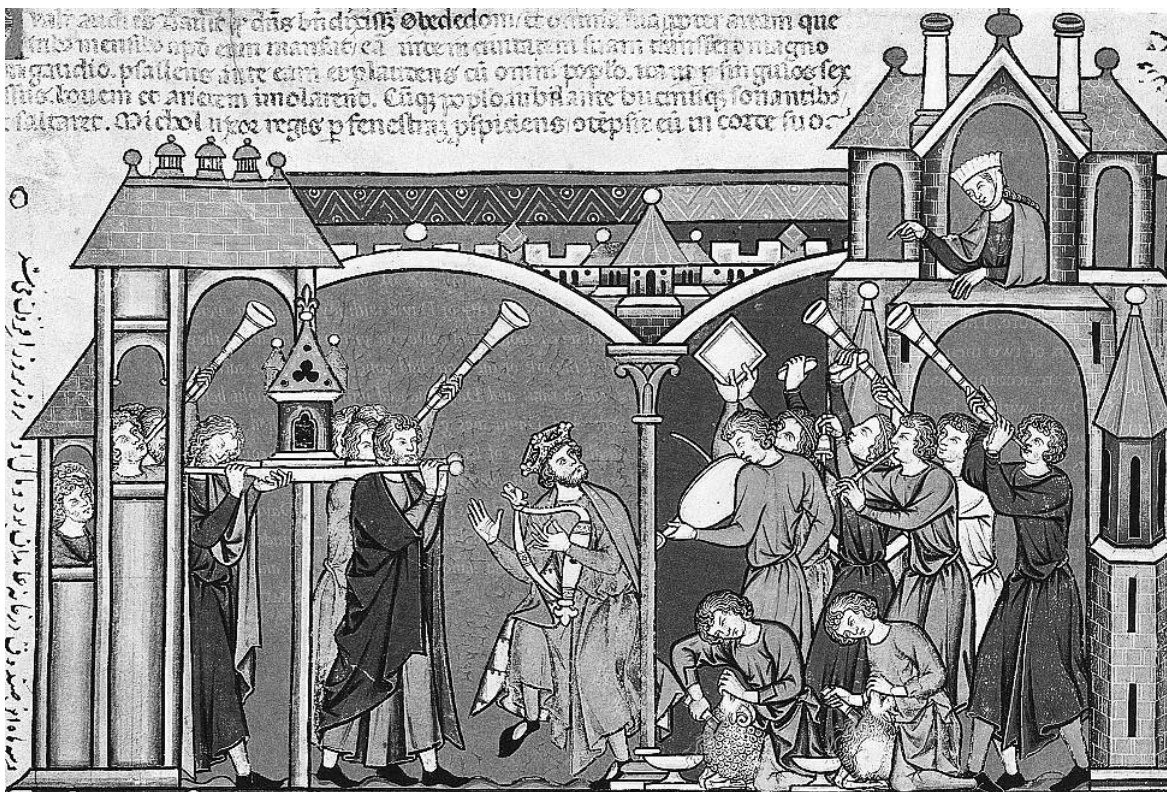
So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the Lord. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Reader        The word of the Lord.

People        Thanks be to God.



## Psalm 24 *Domini est terra*

- 1 The earth is the Lord's and all that is in it, \*  
the world and all who dwell therein.
- 2 For it is he who founded it upon the seas \*  
and made it firm upon the rivers of the deep.
- 3 "Who can ascend the hill of the Lord? \*  
and who can stand in his holy place?"
- 4 "Those who have clean hands and a pure heart, \*  
who have not pledged themselves to falsehood,  
nor sworn by what is a fraud.
- 5 They shall receive a blessing from the Lord \*  
and a just reward from the God of their salvation."
- 6 Such is the generation of those who seek him, \*  
of those who seek your face, O God of Jacob.
- 7 Lift up your heads, O gates; lift them high, O everlasting doors; \*  
and the King of glory shall come in.
- 8 "Who is this King of glory?" \*  
"The Lord, strong and mighty,  
the Lord, mighty in battle."
- 9 Lift up your heads, O gates; lift them high, O everlasting doors; \*  
and the King of glory shall come in.
- 10 "Who is he, this King of glory?" \*  
"The Lord of hosts,  
he is the King of glory."

### A Reading From ~ Ephesians 1:3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

*Reader*        The word of the Lord.  
*People*        **Thanks be to God.**

*Please stand as you are able.*

**Gradual Hymn ~ LEVAS II # 111** Come, thou fount of every blessing

**The Gospel ~ Mark 6:14-29**

*Deacon* The Holy Gospel of our Savior Jesus Christ according to Mark.

*People* **Glory to you, Lord Christ.**

King Herod heard of Jesus and his disciples, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

*Deacon* The Gospel of our Savior.

*People* **Praise to you, Lord Christ.**

**The Sermon ~** The Rev. Harlon Dalton, Honorary Canon

*Following the Sermon, the Celebrant stands. Please stand as you are able.*



## The Nicene Creed

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

## The Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray especially for Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Sean, our Presiding Bishop-elect; Jeff and Laura, our Bishops; Lina, our Dean; Tony, our Canon for Latino Ministry; Bonnie, our Deacon; Jay, Tim, Ranjit, D, and Rebekah, our Associate Clergy; and for our Congregation Committee and Ministry Teams. We also pray for our sister diocese of Aberdeen and Orkney.

Lord, in your mercy

**Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. We pray especially for peace in the Middle East and for the victims of the humanitarian crisis in Gaza.

Lord, in your mercy

**Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy

**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy

**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray especially for **Canon Tony, Bishop Michael Curry, Will, Kathleen R., Connie, Joan Z, Maïa, Lee, Almeta, Camille, Gerard, Lourdes, Lenora, Alzi P., James P., Ardyce, Mike R., Jennifer, Andrew, Benjamin, Adrienne, Felicity, Sherrod, Graham, Richard, Mark, Bill, Betty Jo, Michael, Jason, Andrew, Jeannie, Denise, Shelly N., Dennis, Charlene, Marcia, Sean, Mary, Diane, Andrew, David, Shaun, Thomas, Alberto, Kelley, Allison, Dina, Aubrey, Bill, Grace, Ben, Frank, Eric, Nelson, Joan, Treviana, Bob, Tyrone, Alexandra, Locksley, Todd, Rosa, Miguel, Javon, Debbie, Julian, Mercedes, Rose, Samy, Eugenia, Louis, Sylvia,** and for those we now name in our hearts. *(Pause)*

Lord, in your mercy

**Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy

**Hear our prayer.**

*Celebrant*

Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name; through Jesus Christ our Lord. **Amen.**

## **The Confession of Sin**

*The Deacon says*

Let us confess our sins against God and our neighbor.

*Minister and People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ, have mercy on us and forgive us;**

**that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The Celebrant stands and says*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **Healing Prayer**

## **Healing Anthem**

## **The Peace**

*Celebrant* The peace of Christ be always with you.

*People* **And also with you.**

*The People greet one another in the name of the Lord.*

**Welcome and Announcements** ~ Dr. Jilda Aliotta, Chair of Congregation Committee

**Offertory Sentence**

**Offertory Solo** ~ Lift up your heads

*Jane Marshall*

*Kelley Kelly, soloist*

*Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.  
Who is the King of glory? God, strong and mighty. God, mighty in battle!*

**The Doxology** ~ 1982 Hymnal # 380 v.3 Praise God, from whom all blessings flow

*Old 100th*

### The Holy Communion

**The Great Thanksgiving ~ Eucharistic Prayer B (Expansive Language)**

*Celebrant* God be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus** ~ 1982 Hymnal # S130

*Franz Schubert*

*Please stand or kneel as you are able.*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in Jesus Christ, the Word made flesh.

For in these last days you sent Jesus to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and

said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember Christ's death,  
We proclaim Christ's resurrection,  
We await Christ's coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever. **Amen.**

### The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to pray,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### The Breaking of the Bread

*A period of silence is kept.*

*Celebrant* Alleluia! Christ our Passover is sacrificed for us;

*People* **Therefore let us keep the feast. Alleluia!**

### Agnus Dei ~ 1982 Hymnal # S164

*Franz Schubert*

*Celebrant* The Gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The celebrant leads a prayer for spiritual communion for those worshipping online.*

### Act of Spiritual Communion

God of love and grace, of justice and peace, we give you thanks that in the Sacrament of the altar you assure us of your presence within us and within the body of Christ, the faithful through all the generations; grant that we who have witnessed anew these holy mysteries, though unable to receive the physical elements of the Sacrament, may be moved by your indwelling Spirit ever more fully to embody your holy and life-giving presence, until we are gathered at last into the fullness of your eternal glory; through Christ our Risen Lord. Amen.



All baptized Christians, regardless of age or denomination, are welcome to receive Holy Communion. When coming forward to receive Holy Communion, please follow the direction given by the ushers. If you are unable to come to the front, please let an usher know and the Sacrament will be brought to you.

Communion Hymn ~ LEVAS II # 121 Baptized in water

Prayer after Communion

Eternal God, you have graciously accepted us as living members of our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.

The Blessing

Recessional Hymn ~ 1982 Hymnal # 594 God of grace and God of glory

*Cwm Rhondda*

The Dismissal

Deacon Let us go forth in the name of Christ.

People Thanks be to God.

Postlude ~ Toccata on "A mighty fortress is our God"

*Austin Lovelace*

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**If you are visiting us for the first time, WELCOME!**

We would like to keep you informed of the amazing blessings we experience in this house of prayer. Please introduce yourself to Dean Howell, Canon Garcia, or Deacon Matthews.

Please join us for Fellowship Hour in the Cathedral House Auditorium following the service.

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Dean Howell will be on vacation and sabbatical until September 3, 2024. During this time: For liturgical matters, please contact the Rev. Harlon Dalton via [gregory@cccathedral.org](mailto:gregory@cccathedral.org). For programmatic matters, please contact Dr. Jilda Aliotta via [gregory@cccathedral.org](mailto:gregory@cccathedral.org). For operational matters, please contact Cindy Hursty at [chursty@cccathedral.org](mailto:chursty@cccathedral.org).



## Upcoming Events

**Sunday, July 21**

**10:00 AM: Jazz Mass**

The Hot Cat Jazz Band joins us for a Eucharist during the Greater Hartford Festival of Jazz, in partnership with Good Shepherd, St. Monica's, and Trinity, Hartford.  
All welcome!

**Sundays in August**

**9:30 AM: Taste and See**

Each Sunday in August, the whole Cathedral community gathers in the style of one of our four regular weekend services:

- |                            |  |
|----------------------------|--|
| <b>August 4, 9:30 AM:</b>  | 8am Style Worship<br>(spoken English service)                          |
| <b>August 11, 9:30 AM:</b> | 10am Style Worship<br>(English service with music)                     |
| <b>August 18, 9:30 AM:</b> | 12:30pm Style Worship<br>(Spanish service with music)                  |
| <b>August 25, 9:30 AM:</b> | Church by the Pond Style Worship<br>(outdoor service at Bushnell Park) |

**Monday, August 19 - Friday, August 23**

**9:00 AM - 12:00 PM: Children's Choir Summer Camp**

Music, games, fun with friends! Learn basics of music and singing through storytelling, hands-on activities, arts and crafts, and engaging lessons.

No prior music experience necessary!

Walk to the skate park and graffiti tour!

Trip to Yard Goats and behind the scenes at the stadium!

Register via the form linked at [cccathedral.org/about/2024-summer-camp](http://cccathedral.org/about/2024-summer-camp).

The registration fee is \$25.00; financial assistance is available.

Please contact [directorofmusic@cccathedral.org](mailto:directorofmusic@cccathedral.org) for more information.



CHRIST CHURCH CATHEDRAL  
CONNECTICUT'S CATHEDRAL

## CHRIST CHURCH CATHEDRAL

An Episcopal Church within the Anglican Communion

All faithful lay people and clergy of the Episcopal Church in Connecticut

The Rt. Rev. Jeffrey W. Mello, Bishop Diocesan  
The Rt. Rev. Laura J. Ahrens, Bishop Suffragan  
The Very Rev. Miguelina Howell, Cathedral Dean  
The Rev. Ramon Antonio Garcia, Canon for Latino Ministry  
The Rev. Bonnie Matthews, Cathedral Deacon  
The Rev. Jay Cooke, Priest Associate  
The Rev. Canon Rebekah Hatch, Priest Associate  
The Rev. Canon Timothy Hodapp, Priest Associate  
The Rev. Canon D Littlepage, Priest Associate  
The Rev. Canon Ranjit K. Mathews, Priest Associate  
Jilda Aliotta, Chair of Congregation Committee  
Richard Baraglia, Vice-Chair of Congregation Committee

*Since 1762, this Christian community has gathered for worship. To learn more about the ministries we share in this place, you are invited to speak to the clergy or parishioners after the service.*

### Serving at 8:00 a.m.

**Celebrant & Preacher** The Rev. Harlon Dalton, Honorary Canon  
**Assisting** The Rev. Bonnie Matthews, Cathedral Deacon  
**Psalm Leader / Altar Server** John Scott  
**Intercessor / Verger** Jilda Aliotta  
**Lector** Tom Smith

### Serving at 10:00 a.m.

**Celebrant & Preacher** The Rev. Harlon Dalton, Honorary Canon  
**Assisting** The Rev. Bonnie Matthews, Cathedral Deacon  
**Vergers** Jilda Aliotta and Peggy Ornell  
**Altar Server** Marcia Barnett  
**Crucifer** John Scott  
**Virtual Vergers** Richard Baraglia and Deborah Simmons  
**First Lector** Samuel Hernandez  
**Second Lector** John Decker  
**Ushers** Sheila Green and Carlene Taylor  
**Guild** Gilbeean Scott, Sheila Green, David Marcano, and Nagda and Ramon Echavarria  
**Cantor** Kelley Kelly

### CATHEDRAL STAFF

David Borawski, Building Manager	Pedro Cirilo Coral, Spanish Music Coordinator & Custodian
Katherine Frisoli, Media Coordinator	Sean Glenn, Office Assistant
Cindy Hursty, Accountant & Office Manager	Nelson Mena, Spanish Music Coordinator
John Scott, Sacristan	Gregory Simmons, Event Coordinator & Assistant to the Dean
Marianne Vogel, Director of Music	

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