



Christ Church Cathedral Catedral Iglesia de Cristo

The Grapevine

March 2017

An invitation to Lent

Lent is a time that evokes meditation, silence and devotion. I appreciate that our liturgical calendar set aside space for dedicated celebration and reflection focused on the last days of Jesus's public ministry through his passion, death and resurrection.

The forty days of Lent encourage me to be even more intentional about my prayer life. It is that sense of repose, not necessarily as physical relaxation but as a state of the mind and spirit, that prepares me each year to embrace Holy Week in a very special way.

The Lenten journey prepares my soul to experience Holy Week as a yearly spiritual retreat in which I meditate on Jesus's journey on earth and his ultimate sacrifice to give me eternal life. It begins as a day of silence on Monday of Holy Week, followed by the renewal of my ordination vows on Holy Tuesday, to the astonishing liturgy of Tenebrae on Wednesday, leading to the Tridium with our Agape Meal, Washing of Feet Ceremony, Good Friday Stations of the Cross and Solemn Service to the Easter Vigil and our Grand Easter Celebration. It is indeed a spiritual journey filled with signs of God's Grace all over it.

Our Cathedral leadership has prepared a beautiful program for Lent (details in various places in this issue) which will support your Lenten journey. It is my hope that each one you will take advantage of this offering of love to embrace this special season with intentional efforts to spend time with God, yourself and your beloved community.

Faithfully,

Lina+
The Very Rev. Miguelina Howell, Dean

**Ash Wednesday
March 1**



**Services at our Cathedral:
12 noon and 7 p.m.**

**Ashes to Go:
11 a.m. and 3 p.m.**
Front of Cathedral on Main Street
Capital Community College
Hartford City Hall

Lenten Series: Discipleship: Ministry in Daily Life

Following the 10 a.m. service on four Sundays in Lent, enjoy your coffee and join in conversation as we look at and explore the concept and practices of discipleship through the lens of Jesus Christ and God's Mission for discipleship

March 12 - **Discipleship 101** – The Rev. Jay Cooke

March 19 - **Church Street Eats Panel**- Facilitated by Jilda Aliotta

March 26 - **Discipleship: Ministry in Daily Life**- The Rev. Molly James

April 2 - **Discipleship: Our Spiritual Practices**- The Very Rev. Miguelina Howell

For more information, please contact Tom Smith or Jilda Aliotta.

Celebrating Deaf Musical Culture from Beethoven to Present

Cuatro Puntos, the Cathedral's chamber music Ensemble-in-Residence, will present an unusual concert on March 2 at the Cathedral at 7:30 p.m. The program will explore and simulate how deaf persons experience sound and music. The concert is welcoming those who are deaf and hearing alike. Admission will be \$10.

The program will include a body percussion performance by students of the American School for the Deaf, Silent Hands for string quartet, baritone, bass clarinet and drum, and the String Quartet No. 7 by Ludwig van Beethoven. An American Sign Language storyteller will be featured.

Don't miss this very special concert!

Giving Easter Flowers



Easter Flowers may be given in memory of loved ones or in thanksgiving for a special occasion. If you wish to do so, please email or send (*in print*) the names to Peggy Ornell at peggy.ornell@cccathedral.org or mail to her at the Cathedral, 45 Church St., Hartford CT 06103. Names must be received **NO LATER** than March 31 for inclusion in the Easter service bulletins. Free-will donations are welcomed. Please note "Easter Flowers" on your check memo line.

PALM SUNDAY AND HOLY WEEK SCHEDULE

April 9- Palm Sunday

Combined bilingual service-10:30 a.m.

April 11- Clergy Renewal of Vows

April 12- **Tenebrae**- 6:00 p.m.

April 13- Maundy Thursday- 6:00 p.m.

Agape Meal and Washing of the Feet

April 14- Good Friday

Stations of the Cross-12:00 p.m.

Viernes Santo - 5:00 p.m.

Solemn Service - 6:00 p.m.

April 15- Easter Vigil and Regional

Confirmations- 7:30 p.m.

April 16- Easter Day

8 & 10 a.m. and 12:30 p.m.

Cathedral Congregation Forum and Uyeki Forum on March 5

Following the 10 a.m. service on Sunday, March 5, a Congregation Forum will be held in the auditorium facilitated by VISIONS Inc. Richard Pinderhughes, VISIONS Inc. Consultant, will facilitate a conversation about our varied and diverse points of view related to the Black Lives Banner posted on our Cathedral fence as an initiative of the Uyeki Forum. This session will also be a space to discuss inclusion and practice the Guideline for Mutuality, a VISIONS tool, intended to foster effective communication across differences while fostering healthy dialogue and relationships in diverse contexts. Every member is urged to attend.

In order to maximize on the presence and expertise of the VISIONS Inc. consultant and the use of our Cathedral resources, following the congregation forum, the Uyeki Forum has convened a meeting to explore its present and future. This forum will held at 1 p.m. A light lunch will be provided for those attending.

Guidelines for Mutuality

(Text excerpted from ECCT website)

These "Guidelines for Mutuality" are a way of interacting with one another that respects differences. They are from VISIONS Inc., a nonprofit in the Boston area that offers training, consultants, and other resources and whose vision is "To be a catalyst for a more equitable world where differences are valued and used for the benefit of all."

- "Try on" new ideas and practices
- It's okay to disagree
- It is not okay to blame, shame, or attack, self or others
- Practice "self-focus"
- Take 100% responsibility for own learning
- Practice "both/and" thinking
- Notice both process and content
- Be aware of intent and impact
- Maintain confidentiality

These guidelines are used by ECCT staff, at leadership gatherings, other ECCT-wide trainings, and by many vestry meetings. They were presented to the ECCT clergy by the bishops in 2011. ECCT's relationship with VISIONS Inc. comes through Bishop Douglas who worked with the organization during his years teaching at the Episcopal Divinity School in Cambridge, Mass. The Episcopal Church in Connecticut has sent leaders and staff for training and contracts with their consultants to assist in specific circumstances. ECCT staff continue to identify ways to train more people.

Easter 2017: A Very Special Date

Unlike Christmas, which since the year 336 has been celebrated by most Christians on December 25, Easter is a moveable feast, celebrated on a different date each year and not necessarily the same date for all Christians.

The Gospels tell us that Jesus' Last Supper was a Passover Seder which would lead us to think our Easter should be celebrated on or near the same time as the Jewish Passover. But in 325, the Council of Nicaea decided Easter would be celebrated on the Sunday following the full moon after the vernal equinox. That differs from the Jewish calendar but the Council believed the Jewish Passover was no longer significant for Christians. With his death and resurrection, Christ became the new Paschal Lamb. ["Paschal" derives from the Hebrew verb "to pass over."]

But there are still churches today that use a different schedule for Easter. In the 16th century, the Gregorian calendar superseded the Julian calendar and became the most widely used civil calendar in the world. However, some Orthodox churches use the Julian calendar to determine the vernal equinox and the following full moon.

2017 is an unusual year: both Orthodox and other Christian churches will celebrate Easter on April 16. This will not happen again until 2034.

Interestingly, this year the Jewish Passover begins a week before Easter on April 10.



Happy March Birthdays

Jose Espinoza
Merwood Jones
Yvonne Inniss-Brewer
Sharon Mansfield
Mariah McBride
Andrew May
Laurie Scinto
Gilbeean Scott
Wilston Scott
Tiarra Teles
Karen Warner

2017 Parish Committee and Other Committee Members

At the Annual Meeting of the Cathedral Congregation held on January 29 the following were elected to the Parish Committee and other posts for 2017.

Parish Committee: Chair: Jilda Aliotta Vice Chair: Carlene Taylor

Members: Janice Faulkner, Bernard Senior, Courtney Hanson,
Rosalee Figueroa, Theresa Greaves, Connie Bain, Jay Lechasseur,

Clerk of the Cathedral: Daniel Kingman

Delegates to the Annual Diocesan Convention: Jilda Aliotta and Bernard Senior.

Chapter Buildings and Grounds Committee: Emhart Aziz and Lucy Groening

Chapter Finance Committee: Jilda Aliotta

The members of the Parish Committee are members of Cathedral Chapter.



CHRIST CHURCH CATHEDRAL

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The Grapevine is a monthly newsletter for the Christ Church Cathedral audience. Copies are available in the Cathedral, in the Cathedral House, via e-news and online at www.cccathedral.org/documents/March2017Grapevine.pdf

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